



# Dunesberry

Newsletter of Friends of the Dunes • Spring 2018 • Volume 37 Issue 1

“In every outthrust  
headland,  
in every curving beach,  
in every grain of sand,  
there is the story of  
the earth.”

-Rachel Carson



## **Thank You, Kim McFarland**

In my opinion the best part of being involved with the Friends of the Dunes (FOD) is the extraordinary people that make up our organization. In the thirty years that I have been involved with FOD it has been my privilege to collaborate with the most dedicated and capable people. People with the vision and drive to coalesce around a shared mission. One such person is Kim McFarland. For five years Kim served on our Board of Directors and for the past year she has been our Executive Director. Kim has demonstrated her commitment to and great love of our coastal dunes through her willingness to tackle big challenges. If you were fortunate enough to attend one of Kim's lectures on native Silver bees, you understand her depth of knowledge and commitment to our mission. Recently, Kim has decided to pursue other interests and leave the position of Executive Director. On behalf of the board, I would like to extend our heartfelt thanks for all her efforts and we wish her well on her new ventures.

## **Forward Together**

I am pleased to report in this time of transition, Friends of the Dunes staff and board members have rallied together and begun the process of evaluating our staffing needs and creating a structure to meet those needs with our current staff. We are learning the many tasks it takes to operate a growing organization within the natural constraints of our world. It is clear to us that we need the assistance of our community, now more than ever, to sustain and further FOD's coastal stewardship and community education services.

Our mission of conserving coastal environments has evolved over time from one of purely environmental education, to land stewardship and partnering with like-minded organizations while expanding our education programs. It has always been a point of pride for me that our activities not only help repair the damage done to the land by invasive species but also help restore human relationships with nature through our education and hands on activities. The common factor in all these efforts is caring people coming together.

In the coming months we will be asking our membership to consider stepping up and taking on a more active role in order to continue our vital mission. In the meantime, I would love to hear from you, our members, to learn more about your thoughts on FOD and what you can do to help us further our mission. Please email your thoughts and concerns to [john@friendsofthedunes.org](mailto:john@friendsofthedunes.org)

I am confident our membership and community will continue to join us to protect the place we love, together.

John St. Marie  
Friends of the Dunes Board President



*Friends of the Dunes is dedicated to conserving the natural diversity of coastal environments through community supported education and stewardship programs*

**Board of Directors**

**John St. Marie, President**  
**Barbra Clucas, Vice President**  
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**Halleh Paymard, Treasurer**  
**Tamara Gedik**  
**Richard Engle**  
**Carla Avila-Martinez**

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**Suzie Fortner**

**PROGRAMS MANAGER**  
**Jess Barger**

**OUTREACH COORDINATOR**  
**Ashley Hansen**

**SCHOOL PROGRAMS COORDINATOR**  
**Emily Moloney**

**OPERATIONS ASSISTANT**  
**Daisy York**

**LATINO OUTREACH COORDINATOR**  
**Arturo Paz**

**DEVELOPMENT ASSISTANT**  
**Jessah Breault**

**BOOK KEEPER**  
**Brenda Pease**

*Friends of The Dunes is a member of the Land Trust Alliance*

**WELCOME NEW STAFF TO THE DUNES**

**Arturo Paz - Spanish Outreach Coordinator**

Originally from Bakersfield, Arturo came up north to live in Humboldt County in 2013 to pursue a degree in Communications as a freshman. However, he soon fell in love with the redwoods and decided to also enter the field of Environmental Education. He currently is in his final year of studies at HSU. Looking to apply his fields of study for the betterment of the environment, Arturo was welcomed aboard at Friends of the Dunes. He aims to use his education and cultural experiences to make our beautiful beach dunes a more inclusive space for Spanish speaking members of our community. During his free time, Arturo enjoys music, films, artwork, and experiencing nature.



**Emily Moloney - School Programs Coordinator**

Emily joined Friends of the Dunes as an Education Specialist in Fall 2017 and coordinates school education programs such as Bay to Dunes. She graduated Humboldt State University in 2014 with a degree in Environmental Management and Protection specializing in environmental education and interpretation. She brings 4 years of environmental education experience and is devoted to deepening her sense of place in our fantastic region and sharing that sense of place with others so that they may feel connected to the science and wonder that exists in our backyard. In her free time you may find her hiking, tending her garden, taking care of her chickens or involved with the local drum and dance community as a drummer and dancer.



**Daisy York - Operations Assistant**

Daisy graduated with a B.S in Environmental Science from Humboldt State University in May of 2017. She moved to Humboldt in 2007 from Markleeville C.A, where she spent much of her childhood hiking and backpacking through the Sierra Nevada mountain range. She now spends much of her time hiking with her dog "Bug" through the redwood forests and along the Humboldt coastline.



**Carla Avila-Martinez - New Board Member**

Carla Avila-Martinez is a health educator at Redwood Community Action Agency. She graduated from Humboldt State University with a degree in Environmental Science. Carla moved to Humboldt County in 2010 to attend Humboldt State University. She enjoys hiking, martial arts, and cooking. Carla looks forward to serving on the board of Friends of the Dunes.



**Renewing Members continued...**

- Beth and Ben Etgen
- Estlow Household
- Epperson Household
- Robert Earl
- Pat DuRant
- Patrick Donnelly
- Rebecca Leuck
- Arlene Broyles
- Carole Boshears
- Robert Anderson
- Plaza Professionals
- The Shinazy Household
- The Leroy Household
- Janet Zich
- Michael Welch
- Antonio Weiner
- Beau & Nancy Walker
- Michael Van Zee
- Joan Tippetts
- Anita & Timothy Gilbride- Read
- Stan Thiesen
- Elizabeth Templar
- John Stokes
- Rebecca&Howard Stauffer
- Oona Smith
- Rose & Keith Slauson
- Monica Sims
- Emily Siegel
- Randy Sherer
- Gisela & Jerry Rhode
- Carly Ringenreg
- William Richardson
- Renshaw-Swisher Household
- Terry Raymer
- Dale Preston
- Gena Pennington
- Darlene Peck
- Carol McNeill
- Michael McMahan
- Sarah McCaughey
- Gayle Matrin
- Nancy Marie
- Mary Mahoney
- Steven Lewis
- Ryman-Aavang Household
- Paymard-Wagschal Household

**A LETTER TO OUR MEMBERS**

Dear Friends,

This past winter marked my 10th anniversary with Friends of the Dunes: starting as a Coastal Naturalist in 2007, then serving on the Board of Directors in 2014 until 2016 when I took on the role of Executive Director. In this time, I have had the pleasure to experience our diverse coastal environments, engage with our generous community, and share in the passionate dedication to conservation of the staff, volunteers and members of Friends of the Dunes. Although I am moving on to other professional pursuits, my heart remains with the dunes and all of the fine people that make this organization remarkable. Thank you for continuing to support Friends of the Dunes with your time and financial contributions. I look forward to seeing you out in the dunes.

My best to you all,

Kim McFarland



**Thank you, Kim.**  
**From all of the staff at the Nature Center**

“Knowledge without love will not stick.  
But if love comes first, knowledge is sure to follow.”  
— John Burroughs (American naturalist, 1837 – 1921)

## School Programs Update

Emily Moloney - School Programs Coordinator

Here at Friends of the Dunes we are interested in igniting childhood passion for nature. We align our education programs to meet school standards, yet at the end of a field trip if the students got their hands dirty exploring and leave smiling we know we've done our job. We've sparked their passion for nature. After a Cows and Cattail field trip a student wrote to us saying, "Thank you. I had the best time. We played lots of games and founds lots of birds. I loved the mud!"

**Past:** In 2017 Friends of the Dunes offered four school education programs including Bay to Dunes, Future Conservationists and Adopt a Dune. We also partnered with the Northcoast Regional Land Trust to teach students about wetlands and working lands during the Cows and Cattails field trip to Freshwater Farms Reserve. Together these programs served 1,510 students from over 30 schools in Humboldt and Trinity County, and over \$6,000 in bus scholarships to pay for transportation. These programs would not be possible without the funding from several grants, member donations, and the time of our dedicated volunteers -- a true example of community supported education.

**Present:** This spring we are hosting schools for the Bay to Dunes and Adopt a Dune field trip. We are also partnering with the Trinidad Coastal Land Trust to host school groups on a field trip to explore the tide pools north of Trinidad. Lastly, we are working hard to plan the 14th annual Kids Ocean Day. This year, over 900 students from 14 schools across the county will participate in Kids Ocean Day where they learn about marine life, marine debris and coastal stewardship. They also spend an afternoon picking up litter, pulling invasive European beach grass and creating an aerial art image.

**Future:** We work every day to acquire funding for our school programs in order to provide bus and program scholarships to teachers so they can give their students the unique experience or exploring coastal habitats. Many students living in the north coast region don't have the opportunity to visit our diverse ecosystems. It is important to Friends of the Dunes to remove barriers and enable teachers to provide their students with educational and fun field trips. We hope to continue our mission of providing high quality program for the youth for many years to come.



## 23rd Annual Sand Sculpture Festival



Saturday, July 28th

Sculpture building begins @8am  
Judging from 12pm-2pm - High Tide @2pm

**NEW LOCATION!**  
**Samoa Drag Strip**  
**South end of the Samoa Peninsula**

**Create your Team and Start Planning Now!**  
*Business sponsored teams have the opportunity to compete for the coveted  
GOLDEN SHOVEL AWARD,  
which is yours to display in your place of business for the following year.*

**Pre-Register for discount pricing**  
\$10 for teams of 6, or \$15 for 7+ at the Humboldt Coastal Nature Center  
(220 Stamps Lane, Manila)

**Register day of the event 8-10am**  
\$15 for teams of 6, or \$20 for 7+  
*Sponsorships are needed to make this event a success! Please contact the  
Nature Center.*

Best time to view is from 12-3pm\*



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### Ongoing Volunteer Opportunities:

#### Dune Ecosystem Restoration Team Events:

Help restore the dune ecosystem of Humboldt County in various locations! Volunteers remove invasive plants, while learning about native plants, animals and insects that live in the dunes. Tools, gloves and snacks are provided. Please bring water and wear work clothes. For more information, please contact the Friends of the Dunes.



#### Visitor Service Training:

Summer is a busy time at the nature center and we have available volunteer openings that need to be filled. Volunteers at the Nature Center provide essential help for staff by greeting visitors, orienting guests to the trails, selling gift shop merchandise and answering phone inquiries.

#### Special Event Volunteers:

We need leaders to help plan and volunteer at our annual Sand Sculpture Festival and Wine by the Sea Events.

#### Board Members Needed:

Friends of the Dunes is now recruiting experienced and active volunteers to join the Board of Directors and its subcommittees. We are looking for individuals who share a love of our coastal dune system and who have strong backgrounds in one or more of the following: finance, human resources, strategic planning, fundraising, non-profit work, event planning, and grant writing.

*If you are interested in becoming a Friends of the Dunes volunteer, or a board member,*

### Thank you... Renewing Members!

Dennis Kalson  
Marla Joy  
Jimmy Johnson  
Sandra Jerabek  
June James  
Betty Jain  
Jeff Jacobsen  
Penny Holt  
Jeff Hogue  
Stan Hino  
Peter & Pat Hetch  
Sandra Healy  
Brenda Harper  
Jennifer Hanson  
Robin Hamlin  
Robert Hale  
Gordinier Household  
Evens-Benson Household  
Wales-Nichols Household  
Carnam Household  
Self Household  
Waters Household  
Laird Household  
Haggard Household  
Lehman Household  
Lisle-Dengler Household  
Madej-Wolski Household  
Schlosser Household  
Lehman Household  
Everett-Mayer Household  
Carlson-Dellas Household  
Angel-Morgan Household  
Davenport Household  
Gahtan-Larson Household  
Davy Household  
Christian Household  
Demers Household  
Mast Household  
Wilhelm Household  
Scott-Estelle Household  
Christine Fiorentino  
Joann and Eric Olsen  
Tom & Bess Ogden  
Susan O'Connor  
Debra Nuttal  
Robert Nelson  
Olga Gomes  
Tamara Gedik Richardson  
Corinne Frugoni  
Jim Froland  
Suzie Fortiner  
Blume-Laevastu Household  
David Callow

### Winter Lecture Series

This year, Friends of the Dunes expanded the Winter Lecture Series, holding public talks with varying topics from January through February. Over 200 people attended these talks, donating \$430 towards community education programs. We had seven great speakers, with talks on Wiyot ethnobotany, studies looking at different dune invertebrates, to local citizen science projects.

Thanks to all the speakers that donated their time!

### Volunteer Highlight- Joan Tippetts

After spending most of her life in Arizona and southern California, Joan has recently returned to her roots in Humboldt County and has been helping us ever since! Thanks to Joan, we've had reliable help at our events and at the front desk of the Nature Center for the past three months. Born in Eureka, Joan is excited to be back and to share her love of nature with staff and visitors. Being as friendly as she is, she always takes the initiative to talk to visitors, answer their questions, and lend a hand to staff and other volunteers. Joan is never afraid to ask questions that will help her become more familiar with the natural environments we share. Her undeniable passion for learning lead her to participate in the 2017 Coastal Naturalist Training! As a former teacher, Joan strives to be able to help others learn about our local ecosystems. She hopes to also see herself more involved in restoration and interpretation, and to become further immersed in the programs we have here at Friends of the Dunes. We are so very thankful for such a passionate volunteer to have joined our team. Thank you, Joan!



### Join the Capstone Club!

Contribute \$1000 to the Humboldt Coastal Nature Center and get a special capstone engraved with a name of your choosing and a featured plant or animal of the dunes installed in our capstone wall. The capstone wall serves as an ocean view bench and trailhead gathering area. Local artist John King creates the art work depicting dune plants and animal life.



**Renewing members continued...**

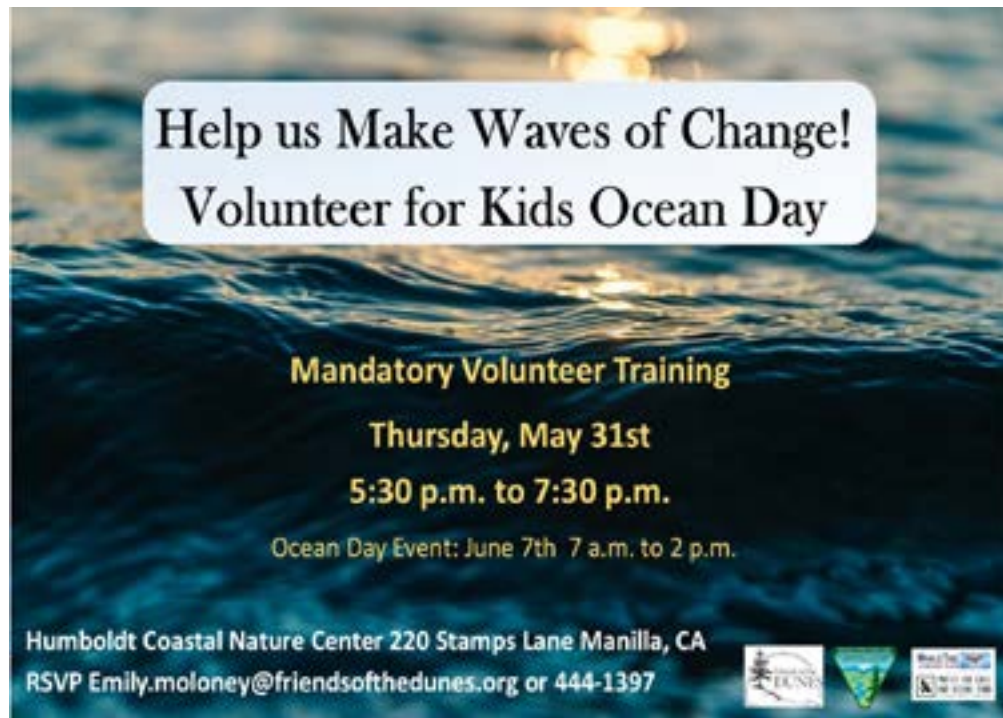
Ann and Duke Diehl  
 Chuck DrWitt  
 De Martini Household  
 Gale Household  
 Merlin Costa  
 Tom Conlon  
 Imper-Haining Household  
 Marsha Clearwalker  
 Michael and Jane Cipra  
 Christensen Household  
 Charlie Butterworth  
 Connie Butler  
 Debra Burstiner  
 Dan Bertenthal  
 Joan Berman  
 Sonia Baur  
 Mindy Anderson  
 Smith-Pierce household  
 Vroman-little Household  
 Linda Alm  
 Stuart Moskowitz  
 Jane Monroe  
 Lorraine Miller-Wolf  
 Audrey Miller  
 Metro Dillion Household  
 Cooper-Turner Household  
 Meynell Household  
 Mike Mesler  
 Pamela Mendelson  
 Carlton Lee  
 David Ledger  
 Laursen Household  
 Alan Laurent  
 Jill Korte  
 Kessler Household  
 Kelly Household  
 Dennis Kalson  
 Rita Zito  
 Melissa and Bill Zielinski  
 Walt and Mary Anne Wilga  
 Holly and Ron Vetter  
 Geraldine St. Marie  
 PB Schechter  
 Carly Ringenberg  
 Nancy Reichard  
 Mary Powell  
 Debra Pecaut  
 Logan Olds  
 Adele Nipkau  
 Lois Mellert  
 Lori Hendrick  
 Charles Heimstadt  
 Esther and Neil Gilchrist  
 Tamara Gedik Richardson  
 Frances and Francis Ferguson  
 Tamar Danufsky

# 40 Years of Bashing Lupines!

## 1978-2018

This year marked the 40th Annual Lupine Bash at Lanphere Dunes, a restoration event where volunteers remove invasive Yellow Bush Lupine from the dunes at the Humboldt Bay National Wildlife Refuge Lanphere Dunes Unit. Despite being an overcast and rainy morning, over 120 volunteers showed up to make this event one of the best ever. Volunteers were treated to snacks donated generously by Los Bagels and Ramone's, and the first 80 received free t-shirts printed by Eureka Shirt Circuit with a commemorative design by Andrea Pickart. Thanks to everyone involved in this year's event and past events.

"As a Friends of the Dunes board member, I'm really proud of how well our staff organized this event, handling a larger than expected turnout cheerfully and smoothly despite some rainy weather. The volunteers were really productive, generating the biggest pile of uprooted yellow bush lupine any of us at the event could remember seeing!" - Richard Engle, Board Member



### Staff Wish List

Noise Cancelling Headphones  
 Button Maker  
 Newer Faster Laptop (2015 or newer)  
 Light Weight uniform folding chairs  
 Custom shades for the Nature Center

**Thank you to our new members!**

Ryan Stokes  
 Meagan Razo  
 Deidre Pike  
 Alison Palacios  
 Ray Olsen  
 Brittnew Nguyen  
 Amber Madrone  
 Erin Kelly  
 Jeff Hart  
 Engleman Household  
 Annie Dunn  
 Michelle Dowling  
 Matthew Cornelius  
 Loriel Caverly  
 Nancy Burzo  
 Steve Belba  
 Rohnda Bakr  
 Dianne Anderson

Brett Watson  
 B u t t s - C h a r l e s Household  
 Yunker-Davoodi-aria Household  
 Porter Household  
 Michael Ortman

**Thank you to our new Capstone Club Members**

David and Karen Mast  
 Maryanne Rand  
 Travis May

## Coastal Naturalist Training, now recognized state wide

Suzie Fortner; Program Director

The Coastal Naturalist Training is a long held tradition of Friends of the Dunes; the first group of docents graduated in 1983! This program has played an integral role in training many volunteers to lead interpretive programs, and promoting a connection to and conservation of our beautiful and diverse coastal habitats. I have personally been involved with the program since 2007, when I took the training as a volunteer. It has been very exciting to watch the program grow & evolve over the past 10 years. As of 2017, our Coastal Naturalist Training is part of the statewide UC California Naturalist Program (similar to the Master Gardener Program). This means our graduates are not only recognized locally as Coastal Naturalists, they also receive a California Naturalist Certification through University of California's Department of Agriculture & Natural Resources. They become part of an online network of naturalists and gain access to a variety of resources including workshops and volunteer opportunities across the state. Graduates are also eligible for 3 academic credits through UC Davis Extension upon completion of course requirements.

Although our program was already very well established, we made a few improvements in order to qualify as a California Naturalist Program. We added required reading assignments in the Coastal Naturalist Manual and the California Naturalist Handbook, the latter provides a lot of background information about geology, energy, water, ecology, interpretation, and more. Participants were also required to complete Capstone project in one of four areas: Stewardship, Education/Interpretation, Citizen Science, or Program Support.

We continued our tradition of inviting local content experts to present & lead field sessions. In addition, we also hired an instructor, Jennifer Ortega, to lead the course. She provided additional lessons to draw important connections between topics, checked reading assignments, provided guidance on capstone projects, and maintained consistent leadership throughout the course.

Despite the increase in cost of the program, this new format was a huge success. We capped the course at 22 people and it was full about 2 weeks before the start date with a waiting list of 5 people. Of these 22 participants, 21 completed all the course requirements and received their California Naturalist Certification. During the graduation ceremony on October 26, participants presented their capstone projects, and I was blown away by their accomplishments. Each of the Naturalists took the information learned through the course and combined it with their own talents & interests, resulting in a diverse array of projects from a "Bees of the Dunes" tea towel to trail improvements at the Nature Center to a thorough revision of the Coastal Naturalist Manual (it turns out there were a lot of typos).

Congratulations to our 2017 Coastal Naturalists! For more information about the Coastal Naturalist Training, or to be added waitlist for the 2018 course, contact [suzie@friendsofthedunes.org](mailto:suzie@friendsofthedunes.org).  
**Back Row:** Dante Anthony, Steven Howard, Paul Ronjoin, Samantha Ellison, Ted Humphry  
**Middle Row:** Joy Fox-Beudet, Ginevra Ryman-Aavang, Raymond Brown, Loriel Caverly, June James, Joan Tippetts, Terry Gordan, Jess Barger, Annie Dunn, Maria Friedman, Violet Hales.





# Naturalists Notes

## Why Restore?

written by Jess Barger;  
Community Programs Manager

As someone who is fortunate enough to do restoration work and also interact with the public, I am often asked, "Why should we remove European Beachgrass?" sometimes as bluntly as "What's the point of restoration?" Restoration Ecology is a relatively new field of study that can be thought of as a branch of conservation biology. It became its own discipline in the 1980's, and has since become an integral part of conservation and reversing the loss of wildlife and habitats around the globe. It is a field of science based on scientific and ecological principles, and has arisen as a result of resources around the world disappearing. As habitats become degraded, they are unable to support the plants and animals that made them unique, this uniqueness can also be thought of as biodiversity.

For some, protecting biodiversity is enough of a reason to restore habitats. Many of you reading this will agree that biodiversity, protecting endangered species, or the inherent value of a field of native flowers and wildlife are all great reasons to spend thousands of hours a year removing invasive species. For many of us, we feel joy and pride when looking out onto the beautiful dunes of Humboldt Bay. We are able to recall a story about the lives of plants and animals unfolding under our noses, or remember a fond memory of seeing dune wildlife and that connection we felt. Unfortunately not everyone is able to have these

experiences, or have the ability to focus on issues that do not pose an immediate threat to themselves or their community. So perhaps the real question is, "Why should we care, how does this affect me?"

There are in fact many ways that humans benefit from conserving biodiversity that are not ecocentric. Big picture, biodiversity not only represents the variety of plants and animals, but also the variety in their genes. The larger the genetic pool we have, the more likely our habitats will be able to respond to a threat, be it a disease, new species, or environmental change. Since we are in many ways dependent on the planet, it would be in our best interest to avoid widespread loss of habitats through poor genetic variability. Additionally, habitats provide economically valuable services to our community, some of which are not intuitive. Wetlands for example, have the ability to protect us from floods, filter and remove toxins from water, and even trap carbon that would otherwise end up in the atmosphere. It has also been shown that spending time in nature has the ability to physically reduce stress and provide free entertainment to people of all ages and backgrounds.

In this specific example, native dunes and their ability to move also present a value to humans. In my short time here in Humboldt County, I have already witnessed the slow march of beachgrass covered dunes seaward, something that is also visible by looking at historical photographs. Something difficult to see and even more difficult to stop is the slow march of the ocean inland.

Based on these observations it appears that we are losing our beaches, and are being left with narrow strips of sand, unable to support native wildlife and sandwiched between the encroaching ocean and cliff-like dunes. This leaves us with no place to avoid dangerous waves and less area for recreation. There is also a lot of cultural value in our dunes from historical and current use by the Wiyot and other local Native American Nations. The dunes and beached provide berries, tubers, grasses, shellfish, herbs and weaving materials; to name a few.

In this period of historically mass extinctions and wide-spread environmental degradation, you can argue (and some do) that we can not passively protect endangered species and threatened habitats. Whether you feel ethically responsible, or have a desire to protect your own resources, there are many more reasons to protect biodiversity than I have been able to say here. This is an exciting time to be a scientist, professionally or as a hobby, because we have the tools and knowledge to solve at least some of the problems we facing our resources. We are also at a turning point socially; perhaps its because of the threats to the environment, or the economic ability to put effort into conservation, but as a culture we are beginning to truly care about wildlife and the environment. I urge you to join us in restoration, be a part of the solution to this environmental problem, and then share that with someone you know. As E.O. Wilson stated, "Here is the means to end the great extinction spasm. The next century will, I believe, be the era of restoration in ecology." Let's prove him right.

# Calendar of Events

Occasionally dates, time or locations change, please visit our website [www.friendsofthedunes.org](http://www.friendsofthedunes.org) or call (707)444-1397 for confirmation and to RSVP.

## April:

- Sat 21 BioBlitz at Bakers Beach, 10am-12pm
- Sat 21 Godwit Day hike Humboldt Coastal Nature Center, 12pm-3:30pm
- Sat 21 Nature Story Time, 2pm-3pm
- Sun 22 Godwit days hike at Lanphere Dunes, 12pm-3:30pm
- Sat 28 Fern Walk, Lanphere Dunes 10am-12pm

## May:

- Sat 5 Lanphere Dunes Guided Walk, 10am-1pm
- Sat 5 Share the Beach Docent Training, 10am-4pm
- Sun 6 Introduction to Wildflower Identification, 1-3pm
- Sat 19 Humboldt Coastal Nature Center Restoration, 9:30am-12:3pm
- Sat 19 Nature Story Time, 2pm-3pm
- Sat 20 Restoration at Towala Dunes, 1-4pm
- Sat 26 BioBlitz at the Humboldt Coastal Nature Center, 9:30am-1pm
- Thurs 31 Ocean Day Volunteer Training, 5:30pm-7:30pm

## June:

- Sat 2 Family Fun Dune Exploration at Lanphere Dunes, 10am-1pm
- Sat 16 Humboldt Coastal Nature Center Restoration, 9:30am-12:30pm
- Sat 16 Nature Story Time, 2pm-3pm
- Tues 19 Cider for Non-profits Humboldt Cider Company, 7pm-9pm
- Thur 21 Summer Solstice Sunset Stroll, 7pm-9pm

## July:

- Sun 1 Member and Volunteer Appreciation Party, 5pm-7:30pm
- Sat 7 Lanphere Dunes Guided Walk, 10am-1pm
- Sun 15 BioBlitz at the Humboldt Coastal Nature Center, 10am-1pm
- Sat 21 Humboldt Coastal Nature Center Restoration, 9:30am-12:30pm
- Sat 21 Nature Story Time, 2pm-3pm
- Sun 22 The Drama of a Moving Ecosystem, 1:30pm-3:30pm
- Sat 28 23rd Annual Sand Sculpture Festival, 8am-2pm

## Where to meet

### Humboldt Coastal Nature Center

220 Stamps Lane, Manila

### Lanphere Dunes

Pacific Union School, 3001 Janes Road, Arcata

### Ma-le'l Dunes North/ South

Youngs lane, Manila

## First Tuesdays at T's Cafe North

Friends of the Dunes and T's Cafe have formed a partnership called First Tuesdays at T's Cafe. On the first Tuesdays of each month, T's Cafe has generously decided to give back to the community by donating 10% of the cafes sales to Friends of the Dunes. A great spot for breakfast or lunch, T's Cafe is located on the corner of I and 10th street in Arcata and is open everyday, except Wednesday, from 7 a.m to 2p.m. Stop in on a first Tuesday for some great food and a good cause.



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# SAVE THE DATE



**SATURDAY**

**SEPTEMBER 29, 2018**

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